



Sports Academy 18

leadership & success

Overview

- ▶ Democratic Clubs
- ▶ Your Responsibilities
- ▶ Sharing a Vision
- ▶ Boundaries
- ▶ When Things Don't Quite Go To Plan



Leadership

- ▶ We hear a LOT about leadership...
- ▶ All about the relationship between the “leader” and “followers”
- ▶ Some things are clear
 - ▶ We have all experienced BAD leadership
 - ▶ We have probably experienced some good leadership
 - ▶ We are not going to call the rest of our club our “followers”

Theory of Leadership



Social Identity Leadership

- ▶ You may have been elected because you represent the club!
- ▶ Perception of the leader being charismatic and setting an example.
- ▶ Emphasise the individuals in the club, and set the tone.

Transformational Leadership

- ▶ The leader looks to transform the group to working towards a common goal.
- ▶ Use encouragement, support and inspiration.
- ▶ Create a vision and motivate those around you to follow through

Leadership: Key Points

Inspire: Create a Vision

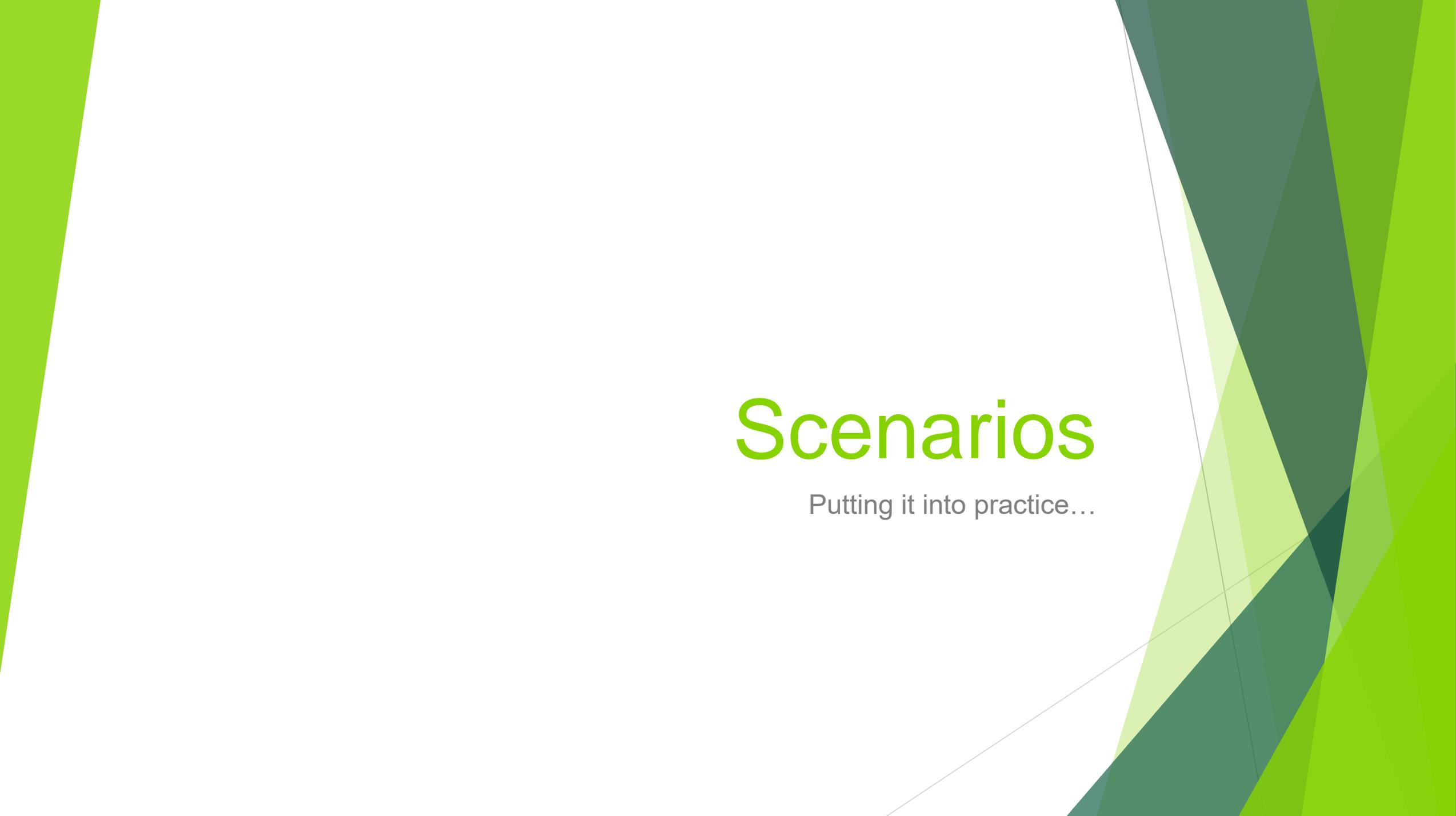
A Sense Of Us

Consider
The
Individual

Setting An
Example

Positively
Challenge
Others

Motivate &
Mobilise

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Scenarios

Putting it into practice...

Reflections

- ▶ By exploring these situations we may have begun to reflect on how we approach a situation, in a leadership role.
- ▶ Leadership is not just about making the final decision or going at it alone.
- ▶ Most of the time, you may need to come in to the Students' Union.
 - ▶ Guidance
 - ▶ Update & Reflect
 - ▶ Ask for further support
- ▶ It is absolutely ok to be an effective leader and not go at it alone!

Boundaries

- ▶ At the end of the day, all positions are **voluntary**.
- ▶ This is important when we consider our own stress levels
- ▶ This is also why you are part of the Sports Union:
 - ▶ Trouble with members... come in to the office!
 - ▶ Internal crisis... come in to the office!
 - ▶ Last minute drama... come in to the office!
- ▶ The Students' Union staff are here to support you when you are unsure what to do or where to turn.

Boundaries

- ▶ It isn't unusual for someone to overstep the mark
- ▶ This may be expecting too much of you, or something you see elsewhere
- ▶ How would you react to these situations?

Phonecall at 11pm; tomorrow's driver has fallen out with another one of the team

You notice one of the club persistently making advances on one of the committee

A fresher opens up to you after training, and asks for help with their money problems

Questions

What support do you expect from the Sports Union?...