

Stirling University Netball Club
Safety Regulations



1. The Game

- a) Netball is a non-contact game. The rules of the All-England Netball Association, which prohibit physical contact and rough play, should be enforced.

2. Facilities

- a) There should be a safe distance of at least one metre between the outside line of the court and any wall or obstruction. Should the ground slope, the game should be played where possible, across the slope, and the posts should be completely stable. The posts and rings should be regularly checked for wear and rusting. Indoors, there should be a safe distance of 1m from walls or other obstructions.

3. Personal Equipment

- a) Gym shoes and not leather soled shoes should be worn. The wearing of dangerous jewellery and rings is forbidden.

4. Floor Surface

- a) The surface of the court should be level, non-slip and with no drains or other obstructions.

5. Posts

- a) Goal posts should be firm, but not necessarily padded. Some countries pad the posts, but the All England Netball Association does not consider this to be essential. The bases should be of metal and weighted as necessary to ensure stability. The bases should not project into the court area.