

Stirling University Badminton Club
Safety Regulation



1. General

- a) The area surrounding the playing region must have a minimum safety area of 1 metre at each side and 2 metres at the rear. Some of the rules are designed to prevent accidents and it is important that students should be familiar with them.
- b) The area surrounding the playing region must have a minimum safety area of 1 metre at each side and 2 metres at the rear. Some of the rules are designed to prevent accidents and it is important that students should be familiar with them.
- c) A flat, non-slippery floor is necessary and a recommended indoor height of 9 metres.
- d) Participants should wear correct sports clothing, particularly sports footwear.
- e) Nets, posts, net supports, racquets, etc., should be regularly checked for wear.
- f) There should be a knocking-up session as a warm-up before matches.
- g) Personal effects should be placed well to the side of the playing area.
- h) Other users or club players should not walk behind or along the side line of a court whilst a rally is in progress.
- i) Play should stop immediately if any object comes onto the court of play during a rally.
- j) Where possible, a sign should be displayed at the entrance indicating that play is in progress.